



Daily Plan ~ Day 7

Friday, June 20, 2003

Day Coordinators: Carie Szalay and Clara Ruvolo

The Academy of Natural Sciences and Palmyra Cove Nature Park

Estuary Portion: Neshaminy State Park to Palmyra Cove Nature Park

10 miles ~ Tidal Portion, Occasional Boat Traffic, Strong Wind, High Waves possible

- 8:00 A.M. Campers and day-trippers register at Palmyra Cove Nature Park, load private boats on shuttle
- 8:30 A.M. Breakfast provided at registration at Palmyra Cove Nature Park
- 9:00 A.M. Shuttle departs for Neshaminy State Park
- 9:30 A.M. Safety Talk at Access Area
- 9:45 A.M. Launch - while paddling for 4.5 miles, there will be discussions about small New Jersey towns along the Delaware by a scientist from the Academy of Natural Sciences.
- 12:30 P.M. Lunch at Riverside Marina's "Paradise Port" Restaurant
- 1:30 P.M. Launch From Riverside Marina
- 4:30 P.M. Take Out at Palmyra Cove Nature Park.
- 5:00 P.M. Dinner at Palmyra Cove Nature Park in Palmyra, NJ.
- 6:00 P.M. Tidal Wetland Program led by Academy scientists and Palmyra Cove staff and volunteers.

Camping will be at Palmyra Cove Nature Park

Note: There are shower facilities at this location.

Many thanks to today's Sojourn Partners:

The Academy of Natural Sciences
Palmyra Cove Nature Park

EMERGENCY CONTACT NUMBERS

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